



SRI GVG VISALAKSHI COLLEGE FOR WOMEN UDUMALPET (Autonomous)

Affiliated to Bharathiar University

Re -Accredited at A^+ Grade by NAAC (4th Cycle)

An ISO 9001:2015 Certified Institution

Udumalpet - 642 128



Student Induction Programme

2021-2022

Art & Culture - Kummi

35

SRI GVG VISALAKSHI COLLEGE FOR WOMEN
(Autonomous)

STUDENT INDUCTION PROGRAMME - 2021-2022

Creative Art and Culture


Objectives:

- * To expose the students to culture - "Tamil Folk Dance - Kummi"
- * To develop a sense of aesthetics and allow for creative expression.

Folk Dances are culture in action. An exclusive session on Tamil Folk Dance "Kummi" was arranged for the students. Mr. Naveen Kumar, Kummi Teacher, Naveen School of dance and yoga trained the students in three batches. The activity was creative, culturally and mentally stimulating. The students involved and enjoyed the dance movements and singing in rhythm. A grand show - Group Performance (All First Year students) in College ground displayed were the spotlight of the day.

Outcome: The students were imbued with the values of preserving the rich culture and how to let out their stress & anxiety by dancing.

S. Shanmugasally
COORDINATOR 29/09/2021



Rajiswari D
29.9.21
PRINCIPAL

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SRI GVG VISALAKSHI COLLEGE
FOR WOMEN (AUTONOMOUS)
MENKATESA MILLS POST,
UDUMALPET - 642 128
Vuvv

INVITATION



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**Student Induction Programme
Arts and Culture - KUMMI**

Venue : Conference Hall II

13 / 09 / 2021	14 / 09 / 2021
Batch III (10.am-11.30am)	Batch I (10.am - 11.30am)
Batch II (11.45 am - 1.00 pm)	Group Performance (11.45 am - 1.00am)

Sip Coordinator
Dr.S. Senbhagavalli

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Resource Person
NAVEEN. N
M.Tech., M.A (Psychology) Kummi Teacher,
Yoga Trainer, Psychologist
Naveen School of Cosmic Dance & Yoga

Members:
Dr. R. Vanamadevi
Dr. S. Karthiga
Mrs. M. Devi Priya
Mrs. J. P. Thempasavai

Principal
Dr. N. Rajeswari

Youtube Links: https://youtu.be/q9Q_C0T86_c

<https://www.youtube.com/watch?v=7IGyNYbxaY>

